

# SKIN O<sub>2</sub>

PRESS BOOK  
SKINCARE

AS SEEN IN

# Professional BEAUTY

Skincare

## SKIN SCIENCE



### The Golden Touch

A rich, rejuvenating cream contains five major active ingredients. The new **Gorgeous Multi Defense Total Protection** from **BEAUBELLE** acts at three levels of the skin to effectively suspend and reverse the appearance of ageing. With the main active ingredient of Chronocyte, a chronological cell energiser, it enhances the skin's cellular metabolism at night while the skin is in its repairing phase. The cream also contains nano gold particles that are bound to silk peptides to form a potent anti-ageing active. **Contact: Beaubelle 1300 980 698.**

### Skin Sense

The **SeneDerm** range from **SENEGENCE** has recently launched a new product line which includes the **Endothermic Mask Lift and Filler** and the **Polishing Exfoliator**. The **Endothermic mask** takes heat naturally found in the skin and transfers it out through the cooling cycle, which is said to slow down the ageing process. With **SenePlex** complex it also aids in reducing the appearance of fine lines and wrinkles. The **Polishing Exfoliator**, also with **SenePlex**, is a gentle face scrub that aims to speed up cell turnover to reveal healthy, new skin. **Contact: Mary Ann Pinto 0434 576 229**

### Unlock the Code

Now from **ALPHA-H**, the essential **Hydration Cream** is an anionic and cationic moisturiser with a combination of the finest essential oils, bio-active sea minerals and essential fatty acids and arnica montana. Used medicinally since the 1900s, the root is believed to flush out toxins and reduce the occurrence of broken capillaries and redness of the skin. What's more, it's non-comedogenic. **Contact: Alpha-H 1800 659 777**

### Complexion Cocktail

The **SKIN O2 Medical Skincare Range** is infused with a cocktail of ingredients to fight ageing. The range includes **Multi Vit Skin Repair** formula, which contains vitamins A, C and E, green tea and rosehip oil to systematically feed skin cells; **Super Body Hot Burning Gel**, a deep penetrating, skin-smoothing gel with infrared thermogenic action to target cellulite and weaken skin tone; and **SPF30+ Facial Tint**, a lightweight tinted moisturiser with sunscreen and antioxidants for all skin types. **Contact: SKIN O2 (07) 5555 4488**

### Summer Glow

Now that summer is well and truly upon us, it's important to shield skin from the sun's harsh rays. The **DR SPILLER Face** range contains a wealth of bio-mimetic ingredients to keep the face fresh and protected. The range includes **Aloe Vera Lip Galm SPF15** which protects and soothes lips from sun damage; **Vitamin C Plus Day Cream**, which reduces the appearance of uneven skin tone and fine lines; **Fresh 'n' Fruit Mask**, which stimulates skin cells and acts in tissue repair; and **Vitamin C Plus Serum**, which helps the soothe skin. **Contact: Omniderm (03) 9645 0300**

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# marie claire

## insure your skin

Summer may be a few months away, but sunscreen is a year-round essential



### INTO THE SUN

"You should never skip using an SPF, summer or winter," warns Clinique national education manager Alison McBurnie. "Even when it's raining and UVB rays might not be as strong, UVA rays are always present, from sunrise to sunset." Premature skin ageing can arise from incidental sun exposure, caused by not wearing an SPF product. "It's not the very occasional summer sunburn you may get that will cause wrinkles, it's the daily accumulation of damage caused by UVA rays," explains McBurnie. Thankfully, these high-SPF daily face protectors will guard your skin against the sun, and are light enough to wear every day. Think of them as the most effective anti-ageing cream you can buy.

Clockwise from top: Nivea Sun Light Feel Daily Face Veil SPF 30, \$10.99; Dermalogica Pure Light SPF 30, \$142; Hissyfit Saving Face Moisturising Tinted Sunscreen SPF 30+, \$55; Invisible Zinc Environmental Skin Protector SPF 30+, \$35; Neutrogena Ultra Sheer Daily Face Sunscreen Lotion SPF 30+, \$14.99; Skin O2 Medical Skincare SPF 30+ Facial Tint Light Moisturising Cream, \$39.95; Ella Bâché Great 30+ Facesaver, \$38; Face of Australia Sun 2 in 1 Sports Ultra SPF 30+, \$7.95; Olay Complete Defence Daily UV Moisturising Lotion SPF 30+, \$14.69; L'Oréal Paris UV Perfect SPF 30+ Daily Moisturising Lotion, \$24.95; Clarins UV Plus Protective Day Screen Lotion SPF 30+, \$46; Clinique SPF 30 Face Cream, \$31.



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**1. skinstitut Eye Believe** is a lightweight cream to help firm and brighten the eye area. It contains four per cent synthetic snake venom, irwinol, hyaluronic acid and quercus suber extract to help reduce puffiness and firm the delicate eye area. Contact: skinstitut (02) 9460 7539

**2. Dr. med. Christine Schrammek Hydra Force Eye Corrector** helps to refresh and relax the eye area with its light and cooling formula. It contains a well-balanced combination of ingredients to help provide an optimum supply of moisture to the eye area. Contact: Dr. med. Christine Schrammek 1800 139 139

**3. Mukti rejuvenating eye balm** is ideal for mature, dry, sensitive or normal skin types. It contains potent healing oils rich in antioxidants and essential fatty acids to help rejuvenate and hydrate the delicate eye area. Contact: Mukti Organic Skincare 1300 306 554

**4. Hovan's Eyes Best Exotic Eye Gel** helps reduce the dark areas under the eye and the appearance of crow's feet. It contains tannu oil fortified with exotic kiwi fruit enzymes and antioxidant grape seed, vitamin E and green tea. Contact: Hovan's Group 1300 886 653

**5. Skin O2 Platinum Eye & Face Lift** contains two vials of powder/creams beneficial for fine lines, dark circles, and tired or baggy skin with volume loss. It contains magnesium ascorbal phosphate and hyaluronic acid. Contact: Skin O2 (07) 5593 4468

**6. Gatineau Melatogenine AOX Probiotics Essential Eye Corrector** helps to smooth the eye contour and fade signs of ageing and fatigue. It contains marine collagen, cactus pear extract, shea butter and Indian chestnut extract. Contact: Gatineau Australia 1800 037 076

## Younger Eyes



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### Fruits of the Forest

**LITYA Cherry Alder Hydrating Lotion** is a lightly textured, rose-coloured, aromatic body moisturiser, enriched with the soothing properties of native Cherry Alder and selected essential oils. This highly active repairing formulation penetrates and protects the skin, leaving it soft, nourished and refreshed.  
**Contact: Heron Cosmetics (03) 9587 7088.**



### TURN BACK TIME

The new **Skin O2 Facial Firming Serum** is perfect for clients seeking a non-surgical approach to ageing. Visible results are achieved rapidly thanks to the active ingredient combination including natural plant growth factors combined with the most advanced anti-ageing peptides, collagen and natural acids including hyaluronic acid.  
**Contact: Skin O2 (07) 5593 4488.**

### LIGHTEN UP

**Gatineau Activ Eclat Instant Radiance Concentrate** instantly revitalises skin and brings a glow to the complexion. The exclusive Light Complex formula brightens skin while adding an instant radiant effect which can be used on its own or in conjunction with moisturiser.  
**Contact: Gatineau Australia 1800 037 076.**

### GLOW FACTOR

**Pevonia Lumafirm Repair Cream Lift & Glow** is formulated with Kombucha, an elixir derived from sweet black tea, and Diacetyl Boldine, an extract from the bark of the Chilean boldo tree. The cream can reportedly help improve the appearance of pigmentation by regulating melanin formation by inhibiting tyrosinase.  
**Contact: Universal Aesthetics (02) 9948 1667.**



**Oil Free Zone**  
 The new **Guinot Pure Balance Treatment Mask** helps to mattify and purify combination and oily skins that suffer from excess shine and breakouts. The mask helps to minimise oily secretions, restoring skin freshness and eliminating impurities. The mask also helps to reduce the appearance of pores and results in a more radiant, calmer complexion.  
**Contact: John Pritchard International 1300 300 954.**





# AS SEEN IN FAMOUS MAGAZINE



**1 Estée Lauder**  
Color White Extra Concentrated Hydrating Essence, \$140 (150ml, 5.1oz). This serum helps to brighten skin and lighten dark pigmentation for a smoother, more luminous finish. It's also suited to Asian complexions.

**2 AestheLab Clinical**  
Glow Full X2 Facial Firming Serum, \$110 (100ml, 3.5oz). This topical treatment contains medical-grade hyaluronic acid to fill in facial lines and restore brighter, plumper-looking skin.

**3 Greenity**  
Skin Drink, \$150 (100ml, 3.5oz). If your skin is thirsty and needs instant moisture, apply this intense serum for 24-hour hydration.

**4 Trilasee Certified**  
Organic Retinol Oil, \$120 (50ml, 1.7oz). This 100 percent pure organic retinol oil is perfect for dry, lined or aged skin. It's also packed full of antioxidants.

## SOOTHING SERUMS

SCIENCE MEETS SKINCARE - TRY THESE SOPHISTICATED PRODUCTS FOR SMOOTHER, SOFTER, MORE LUMINOUS SKIN



**12 Skin O2 Multi Vit Skin Repair**, \$59 (107 5593 4488). Containing vitamins A, C and E as well as green tea and rosehip oil, this formula is packed with antioxidants to help revitalise your skin.

**7 Olay**  
Regenerist Daily Hydrating Serum, \$35 (50ml, 1.7oz). Suitable for sensitive skin, this serum gives your skin much needed moisture while also softening the appearance of fine lines.

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Regenerist Daily Hydrating Serum, \$35 (50ml, 1.7oz). Suitable for sensitive skin, this serum gives your skin much needed moisture while also softening the appearance of fine lines.

**9 L'Oréal Paris**  
Age Perfect Skin Support Intensive Serum, \$30 (50ml, 1.7oz). This builds concentrated formula is perfect for fighting the signs of aging, like loss of firmness, dryness and dullness.

**10 Clarins**  
Eau-Firming Tackling 10 Biological Signs Serum, \$110 (50ml, 1.7oz). Correcting pores and plump-barrel, extracts, the product should be applied to the face and neck for brighter, tighter skin.

**11 AestheLab**  
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**12 Skin O2 Multi Vit Skin Repair**, \$59 (107 5593 4488). Containing vitamins A, C and E as well as green tea and rosehip oil, this formula is packed with antioxidants to help revitalise your skin.

**13 Kinema**  
Elixir, \$100 (100ml, 3.5oz). Infused with organic rosehip oil and hibiscus extract, this rejuvenating product will help you achieve radiant skin overnight.

**14 Ella Baché**  
Dermis Allantoin Cream, \$100 (100ml, 3.5oz). Calms, strengthens and soothes all at once with this cooling formula. It contains pure allantoin, shea butter and vitamin E to help restore balance.

**15 Elizabeth Arden**  
Elastine Firming Fluid, \$100 (100ml, 3.5oz). Delivers firming to skin, so it's the only serum of its kind. It contains pure collagen and is perfect for use as a makeup primer.

**16 Ella Baché**  
Paris BALME ALLANTOIN, \$100 (100ml, 3.5oz). Calming, soothing, firming, hydrating, sensitive skin.

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**1. Skin O2 Collagen Renewal** is an anti-ageing moisturising cream to help the production of new skin cells to reduce the appearance of fine lines. It contains vitamin A and E with added collagen and peptides to help with hydration. Contact: Skin O2 (07) 5593 4488

**2. Elemis Pro-Collagen Marine Cream** is an anti-ageing treatment cream which contains padina pavonica to help transform the complexion. It helps to reduce the appearance of wrinkle depth and increase hydration. Contact: Elemis Australia 0412 547 775

**3. bleu & marine Bretania Perfecting Skin Rice Honey** has a honey-like texture which turns into a fine slippery oil and rinses away into a milk when water is sprayed onto it. It contains rice lightening properties to help moisturise and even the complexion. Contact: bleu & marine Bretania (03) 9595 3872

## The Age of Wonder



**4. Ella Bache SpiruLines Intensive Wrinkle Smoothing Cream** is part of Ella Bache's all new SpiruLines skincare range. The cream contains the key ingredient of spirulina, a plant microorganism which contains 220 life-essential elements. The cream is a daily day and night cream to help address the signs of fine lines and skin texture. Contact: Ella Bache 1800 789 234

**5. Payot My Payot Nuit** is a night repairing cream with active ingredients including goji berry, acai berries, active bifidus and hazelnut oil. The night cream helps to detoxify the epidermis while fortifying it. Contact: Payot 1300 367 969

**6. Babor Skinovage PX Vita Balance Argan Nourishing Cream** is part of Babor's new Skinovage line. It is a rich, constructive skin cream with intensive lipids to help boost moisture to the skin. It also contains argan oil to help regenerate the skin's lipid layer. Contact: Babor Cosmetics Australia 1800 139 139



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## MAN POWER

### Handsome Lad... Men-ü Ultra

**Concentrate Matt Skin Refresh Gel** is a unique gel formula that provides a mattifying effect. It is designed to control excess oil and shine, leaving the skin feeling fresh and hydrated. The ultra-concentrated formula is perfect for men with oily or combination skin. It provides a long-lasting mattifying effect, leaving the skin feeling refreshed and hydrated.

### Concentrate Hydrating Facial Wash

is a gentle, hydrating facial wash that cleanses the skin without stripping away natural oils. It is perfect for men with dry or sensitive skin. The ultra-concentrated formula provides a deep cleanse, leaving the skin feeling refreshed and hydrated.

Contact: Weston Imports (02) 8888 0000

### Dual Action... Goldwell Dual Action

**For Men Hair & Body Shampoo** is a dual-action shampoo that cleanses the hair and body. It is perfect for men with thick, coarse hair. The ultra-concentrated formula provides a deep cleanse, leaving the hair and body feeling refreshed and hydrated. It also provides a conditioning effect, leaving the hair and body feeling soft and smooth.

Contact: RPSS Australia (02) 9334 1000

### Eau de Man... VitaMan

**Natural Body Spray** is a refreshing body spray that provides a cooling effect. It is perfect for men who want to feel fresh and invigorated. The ultra-concentrated formula provides a long-lasting refreshing effect, leaving the skin feeling cool and hydrated. It also provides a conditioning effect, leaving the skin feeling soft and smooth.

Contact: VitaMan Australia (02) 9725 9514



### Light Resurfacing... Skin O2 Smooth

**Skin Morning Exfoliation Cream** is a gentle exfoliating cream that removes dead skin cells. It is perfect for men with dull, dry skin. The ultra-concentrated formula provides a deep exfoliation, leaving the skin feeling refreshed and hydrated. It also provides a conditioning effect, leaving the skin feeling soft and smooth.

Contact: Skin O2 (07) 5593 4490

### Very manly... Quinot Trés Homme

**Revitalizing Face Cream** is a revitalizing face cream that provides a deep hydration. It is perfect for men with dry, sensitive skin. The ultra-concentrated formula provides a deep hydration, leaving the skin feeling refreshed and hydrated. It also provides a conditioning effect, leaving the skin feeling soft and smooth.

Contact: John Pritchard International (02) 300 954



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# GoodHealth

it's a lifestyle



## Fast firming

Even if you are in the best of shape, you may begin to lose elasticity and suppleness at about the age of 40. Enter, firming creams. Designed to nourish and strengthen the skin's support network, they work to create a firmer feel and appearance to the skin upon application, and aim to prevent further sagging with repeated use.

**Try: 4. BERGMAN DYNAMIC BODY CONTROL FIRING BODY LOTION, \$160.** Uses vitamins A, B, E and F to revitalise, firm, hydrate and brighten. It also contains the botanical *Centella asiatica* to rejuvenate skin and improve collagen levels.

**5. ELEMIS PRO-COLLAGEN RADIANTLY SMOOTH BODY CREAM, \$223.** This contains a 'mesh-like' support system to address sagging. It helps to reduce crepiness, increase firmness and improve smoothness of the skin.

**HINT** WANT FIRMER-LOOKING SKIN FAST? START DRY BODY BRUSHING EACH DAY BEFORE YOUR MORNING SHOWER TO HELP SLOUGH SKIN AND STIMULATE LYMPH FLOW.

## Anti-cellulite

Targeting fluid retention and trapped fat, cellulite creams typically have a warming, cooling or tingling effect on the skin, due to intensely stimulating ingredients such as black pepper or capsaicin.

**Try: 6. BIOTHERM CELLULI SHAKER AND CELLULI LASER SLIM.CODE, \$95.** This uses mechanical stimulation together with a targeted topical formula to address spongy, dimpled skin on the tummy, arms, thighs and buttocks. The Celluli Shaker stimulates blood flow and prepares it for delivery of the cream's ingredients, which have a fat-burning, anti-storage action.

**7. SKIN O<sub>2</sub> SUPER BODY HOT BURNING GEL, \$89.95.** This produces an intense warming sensation within skin, thanks to special ingredients that heat up on application to assist with fat burning, reduce swelling, increase circulation and blood flow, and improve moisture.

**HINT** CARDIO EXERCISE THAT INVOLVES BOUNCING, LIKE SKIPPING OR RUNNING, IS A GREAT LYMPHATIC-DRAINAGE BOOSTER!

## Anti-ageing

Sun damage, age spots, uneven skin tone and crepiness can all be addressed with daily application of a targeted anti-ageing body cream.

**Try: 8. PRIORI FORTÉ HAND & BODY CREAM, \$110.** This potent lactic acid formula soothes skin as it gently exfoliates and revitalises. Dry skin is banished and the appearance of age spots and pigmentation caused by UV exposure is minimised.

**9. PREVAGE BODY TOTAL TRANSFORMING ANTI-AGING MOISTURIZER, \$200.** The antioxidant idebenone is hero here. It doses skin with intense moisture and helps prevent and minimise ageing skin by addressing sun damage, dryness, loss of firmness, stretchmarks, dimpled skin and minor scars.

**10. BEAUTÉ PACIFIQUE D-FORCE RISK MANAGEMENT VITALIZING BODY CRÈME, \$126.** Uses potent vitamin D and vitamin A esters to trigger the skin's own protective functions, better enabling it to guard against UV assault.

**HINT** STAY OUT OF THE SUN WHERE POSSIBLE. IF EXPOSED, APPLY A BROAD-SPECTRUM SUNSCREEN WITH SPF15 OR ABOVE. ►



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## The Eyes Have It



**1. Avon Anew Genics Eye Treatment Cream** helps to improve the appearance of fine lines and wrinkles around the eye area. It helps to re-energise and restore the appearance of youthful brilliance: smoothness, definition and elasticity. Contact: Avon 1800 646 000

**2. Skin O2 Daily Peptide Eye Cream** is suitable for all skin types. It is specially formulated with vitamins and peptides to help prevent wrinkles and increase circulation around the delicate eye area. Contact: Skin O2 (07) 5593 4488

**3. La Biothermique Dermothetique Patch Gel Liftant** are cell-activated, hydrogel eye pads with an instant lifting effect. The hydro-gel structure delivers powerful active ingredient deep into the layers of the skin. It helps to visibly reduce the appearance of fine lines around the eyes. Contact: La Biothermique Australia 1300 554 069

**4. Dermalogica Age Reversal Eye Complex** helps reverse multiple signs of ageing around the delicate eye area. It targets concerns of the eye area, primarily wrinkles and crow's feet, puffiness, dark circles due to hyperpigmentation and skin sensitivity due to dehydration. Contact: Dermalogica 1800 659 118

**5. ASAP advanced eye repair+** helps hydrate and nourish the skin around the delicate eye area, while helping to reduce the appearance of fine lines and wrinkles. It has key ingredients of coenzyme Q10, vitamin A, white tea and arnica. Contact: ASAP 1500 151 970

**6. Waterlily Marine Collagen Eye Infusion** is suitable for all skin types with a moisture boosting infusion with marine collagen, cucumber, blueberry and green tea. It helps to brighten and refresh the delicate skin surrounding the eye. Contact: Waterlily Australasia (07) 5206 1225

**7. Planet Eve Certified Organics Super 5 Eye Firming Gel** treats tired, dull and puffy eyes. The gel is formulated with five natural active ingredients to help firm the skin around the delicate area around the eyes. Key ingredients include acai, ginkgo biloba, aloe vera, rose and acacia. Contact: Planet Eve Certified Organics (02) 8007 7503

**8. My Payot Regard Radiance Eye Care** helps to treat dark circles and puffiness with a massaging roll-on application. Key ingredients include goji berry, acai berry, active bilidus and chamomile extract. Contact: Payot 1500 367 969

**9. Love Life Eyes Best Exotic Eye Gel** helps to reduce the dark areas under the eye and reduce the appearance of crows feet. Key ingredients include exotic kiwi fruit enzymes, antioxidant grape seed, vitamin E, green tea and tamanu oil. Contact: Hovan's Group 1300 886 655





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## Just for men

Keep him perfectly primed  
from day to night with these  
essentials for men.

1. **Micro Cream** by Skin O2 contains glycolic acid (8 per cent) for oily/bene prone skin. The exfoliating cream clears away dead skin cells and unclogs pores leaving the skin feeling smooth and fresh. Contact: Skin O2 (07) 5593 4488.
2. **Pevonia Botanica's Skin Fitness for Him** gift set is a sophisticated travel-ready gift collection which comes with a sleek skincare pouch. It includes Aqua-Gel Foaming Cleanser, containing tea tree oil and lemon verbena to calm skin, Easy-Glide Shaving Emulsion, a non-foaming formula which adheres to skin and hair to facilitate a close, smooth glide of the razor without irritation, and Age-Defying Cavbar Balm rich in caviar, marine collagen, marine elastin, alpha lipoic acid and vitamin C. Contact: Pevonia Botanica 1800 069116.
3. From the Kerstin Florian collection, the **Essentials for Men Hydrating Face Lotion** is a lightweight moisturising cream to visibly reduce shine and fine lines. The Foaming Shave and Face Wash contains algae extract and lavender oil to protect and nourish skin while removing impurities. Contact: Kerstin Florian (02) 9477 6900.
4. **Black Magic's Black Jack** is an easy to use self-tanning mousse for men. Infused with aloe vera and green tea extracts this quick five minute application will produce natural and even colour. Contact: Black Magic 1800 469 006.