

I N S T R U C T I O N S



CAVEX  
Bite & White  
PROFESSIONAL WHITENING SYSTEM

In-Office Whitening System



## IN-OFFICE WHITENING

### STARTER PACK

#### DESCRIPTION

Hydrogen peroxide is the bleaching agent in Cavex Bite&White. It is added as Hydrogen Peroxide Superior in order to obtain a sufficiently stable product. The hydrogen peroxide breaks down rapidly into oxygen radicals and water. During the whitening process the free radicals attack the double carbon bonds that are the source of most colours (stains) in the tooth.

#### INDICATIONS FOR USE

Cavex Bite&White is a tooth whitening gel for use in lightening the colour of natural teeth.

#### CONTRAINDICATIONS

- It is recommended to consult a doctor for:
  - Pregnant and lactating women.
  - Those currently treated for a serious illness.
  - Children under the age of 18 years.

#### INSTRUCTIONS

##### Preparation procedure

- Review current dental health and make realistic expectations about final results.
- Provisional or temporary restorations may discolour during the whitening process while composite or polycarbonate materials will remain unaffected. Composite restorations may require replacement, since only natural teeth will whiten.
- For aesthetic or adhesive restorations, wait two weeks after the last whitening treatment to allow colour stabilization. All restorations should be intact or well sealed with adequate temporary materials.
- It is recommended to use a sensitivity relief product two weeks prior to, and two weeks after the whitening treatment.
- Determine the "Before tooth shade" with a photo.
- Polish the teeth with prophylaxis and prophylaxis paste to remove plaque.

##### Barrier procedure

- Insert a cheek retractor and dry the gingiva with air.
- Apply the whitening barrier to the gingival tissue along the margins of the tooth.
- Cure with a curing light for 20 sec.

##### Whitening procedure

- Apply a thin layer of Cavex Bite&White In-Office 25% HPS gel onto the teeth.

- After ten to fifteen minutes remove the gel by suction.
- Repeat the application and removal steps two to three times.
- Rinse the teeth with water and suction.

##### After treatment procedure

- Determine the "After tooth shade" with a photo.
- Advise the patient to use Cavex Bite&White ExSense for at least one week after treatment.

#### POTENTIAL ADVERSE EFFECTS

- Gel that comes into contact with the gingiva may cause severe soft tissue irritation.
- Increased tooth sensitivity to cold or non-specific sensitivity in the teeth, gums, tongue, lips or throat can occur during the treatment. In general, symptoms should disappear within a few days after the treatment. The treatment can be proceeded with shorter, less frequent applications until the desired whitening effect has been achieved. If the discomfort remains, discontinue.

#### DISPOSAL

- Dispose of device in accordance with local waste regulations.

## IN-OFFICE WHITENING

### PEN BULK PACK

#### DESCRIPTION

Hydrogen peroxide is the bleaching agent in Cavex Bite&White. It is added as Hydrogen Peroxide Superior in order to obtain a sufficiently stable product. The hydrogen peroxide breaks down rapidly into oxygen radicals and water. During the whitening process the free radicals attack the double carbon bonds that are the source of most colours (stains) in the tooth.

#### INDICATIONS FOR USE

Cavex Bite&White is a tooth whitening gel for use in lightening the colour of natural teeth.

#### CONTRAINDICATIONS

- It is recommended to consult a doctor for:
  - Pregnant and lactating women.
  - Those currently treated for a serious illness.
  - Children under the age of 18 years.

#### INSTRUCTIONS

- Use Cavex Bite&White Barrier/Spacer to avoid gel coming in to contact with gingival tissue.
- Apply a thin layer of Cavex Bite&White In-Office 25% HPS gel onto the teeth.
- After ten to fifteen minutes remove the gel by suction.
- Repeat the application and removal steps two to three times.
- Rinse the teeth with water and suction.

#### POTENTIAL ADVERSE EFFECTS

- Gel that comes into contact with the gingiva may cause severe soft tissue irritation.
- Increased tooth sensitivity to cold or non-specific sensitivity in the teeth, gums, tongue, lips or throat can occur during the treatment. In general, symptoms should disappear within a few days after the treatment. The treatment can be proceeded with shorter, less frequent applications until the desired whitening effect has been achieved. If the discomfort remains, discontinue.

#### DISPOSAL

- Dispose of device in accordance with local waste regulations.

## IN-OFFICE WHITENING

### BARRIER BULK PACK

#### DESCRIPTION

Cavex Bite&White In-Office Whitening Barrier/Spacer is a light-cured resin barrier based on methacrylate used for isolating gingival tissue from coming into contact with whitening gel. For single tooth whitening it may be used to protect adjacent teeth from whitening.

#### INSTRUCTIONS

- Insert a cheek retractor and dry the gingiva with air.
- Apply the whitening barrier to the gingival tissue along the margins of the tooth.
- Cure with a curing light for 20 sec.

#### DISPOSAL

- Dispose of device in accordance with local waste regulations.

## IN-OFFICE WHITENING

#### WARNINGS & FIRST AID INSTRUCTIONS

- If gel is swallowed, immediately drink water, do not induce vomiting and contact a doctor.
- If gel gets into eyes, hold eyelids apart and flush the eye continuously with running water for at least fifteen minutes and contact a doctor.
- If clothing, skin or hair contact occurs, remove contaminated clothing and flush skin or hair with running water.

#### STORAGE ADVICE

Store in a cool, dry place (frost-free) and protected from direct sunlight.

Do not use the material after the expiry date.

Made in The Netherlands

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