

DESCRIPTION

The ingestion of ice has been shown to be a superior method of lowering the core body temperature than fluids served at 4°C.

In addition to the cooling benefits, crushed ice ingestion also improved endurance performance in the heat. (Siegel et al., 2011).

FEATURES AND BENEFITS

- Easy way to treat dehydration associated with heat stress and illness, THORZT Ice Shots are a soothing way to rehydrate.
- Low in sugar
- Caffeine and gluten free
- Proprietary electrolyte formula
- L-Glutamine and essential Branch Chain Amino Acids (BCAA's)
- Available in 5 delicious flavours:
 Blue Lemonade
 Lemon Lime
 Orange
 Tropical
 Wild Berry
- Great for sporting, personal and industrial use

SERVING

- 1. Place THORZT Ice Shots in the freezer.
- 2. When frozen, simply snap and twist the Ice Shot, breaking it in half.
- 3. Gently squeeze bottom of frozen THORZT Ice Shot, enjoy small amounts until consumed.

APPLICATIONS

- Outdoor / indoor work
- Heavy physical activity
- Sports

PRODUCT INFO

Ctn Qty: 15 x packs of 10 90ml tubes 10 x 90ml tubes per pack

