

# Hydralyte™

## When to take

Hydralyte may be taken on the first signs of fluid loss due to vomiting and diarrhoea.

Hydralyte may also be taken to help manage dehydration due to the loss of fluids through heavy sweating. This can be caused by a hot or dry environment, fever or strenuous exercise.

**Suitable for the  
whole family**

## Ingredients

### Active ingredients:

Sodium chloride

Potassium citrate

Citric acid

Glucose

### Orange Flavour Specific:

This product also contains: Purified water, carmellose sodium, orange colour (110), natural flavour, sucralose, potassium sorbate, sodium benzoate.