

# SIZING

Chef Works has the perfect fit for you. To find your perfect fit, we've provided you with three easy-to-follow steps outlined below.

Please note our proprietary designs give Chef Works garments a more generous fit to allow for maximum comfort and function. We recommend that if you fall between sizes that you choose the smaller size for a truer fit.

## FIND YOUR PERFECT FIT IN 3 EASY STEPS

- 1 How do you want your garment to fit? Choose your fit from the color-coded charts shown on the next few pages.
- 2 What are your measurements? All of our garment size charts refer to actual chest measurements or waist measurements. Match yours to our charts to find your size.
- 3 Pick your garment.

## Measurement Guidelines

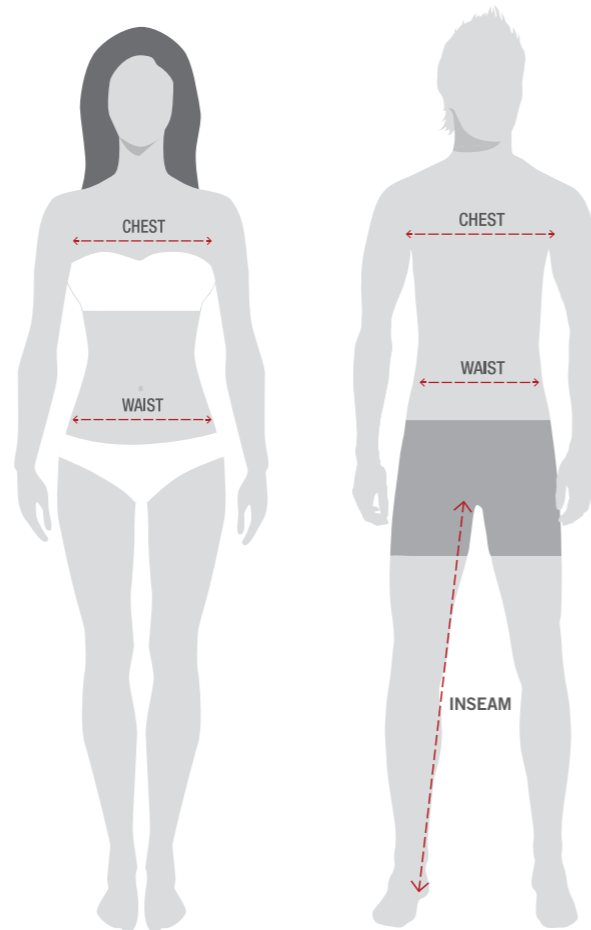
To get the best fit, stand straight and relax. With a measuring tape, use the illustration shown at the right as a guide and follow instructions below.

**CHEST:** Measure from the fullest part of the chest/bust with your arms down.

**WAIST:** Measure around your natural waistline above the hips.

**INSEAM:** Measure from the base of the crotch to the bottom of your heel.

Another option is to select a pair of pants that fit you well and measure along the inside leg seam from the crotch to the bottom of the hem.



# MEN'S SIZING

## Men's Jackets

At Chef Works, we know coats. We also know we have a coat to suit your style. Categorized here in 3 different fits, end the guess work and find the one that's right for you.



JACKET FITS	<b>MF</b>	<b>Modern Fit</b> Our Modern Fit gives you an average additional 4.5 inches of fabric around the body of the garment. Fits closer to the body and looks more fitted, but not snug.
	<b>CF</b>	<b>Classic Fit</b> Our Classic Fit gives you an average additional 5.5 inches of fabric around the body of the garment. Gives you a comfortable fit with room to move, but not oversized.
	<b>GF</b>	<b>Generous Fit</b> Our Generous Fit gives you an average additional 8 inches of fabric around the body of the garment. Fits very baggy and allows you ample room to perform with no restrictions.

1	MEN'S/UNISEX COATS (ALPHA)											
	Chest (in)	32-34	36/38	40/42	44/46	48/50	52/54	56/58	60/62	64/66	68/70	72/74
	Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
	Chest (cm)	81/86	91/97	102/107	112/117	122/127	132/137	142/147	152/157	163/168	173/178	183/188

2	MEN'S/UNISEX COATS (NUMERIC)											
	Chest (in)	30	32	34	36	38	40	42	44	46	48	50
	Size	30	32	34	36	38	40	42	44	46	48	50
	Chest (cm)	76	81	86	91	96	102	107	115	117	122	127
	MEN'S/UNISEX COATS CONT'D (NUMERIC)											
	Chest (in)	52	54	56	58	60	62	64	66	68		
Size	52	54	56	58	60	62	64	66	68			
Chest (cm)	132	137	142	147	152	157	163	168	173			

## Men's Shirts

Shirts are often part of your first impression. Make the right impression in a stylish, well-fitted shirt. Keep your front of the house looking sharp and your kitchen staff looking clean and professional in any one of our wide selection of shirts.

SHIRT FITS	<b>MF</b>	<b>Modern Fit</b> Our Modern Fit gives you an average additional 3 inches of fabric around the body of the garment. Fits closer to the body and looks more fitted but not snug.
	<b>CF</b>	<b>Classic Fit</b> Our Classic Fit gives you an average additional 4.5 inches of fabric around the body of the garment. Fits like a traditional dress shirt.

1	MEN'S/UNISEX SHIRTS											
	Chest (in)	32/34	36/38	40/42	44/46	48/50	52/54	56/58	60/62	64/66	68/70	72/74
	Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
	Chest (cm)	81/86	91/97	102/107	112/117	122/127	132/137	142/147	152/157	163/168	173/178	183/188

### Men's Pants

Chef Works takes pants as seriously as it does coats. We believe pants have three primary purposes; comfort, feel, and function. But that doesn't mean you need to sacrifice style. We know we have the right fit in combination with the right features for you. Find your perfect fit with our wide selection of pants.

PANTS FITS	<b>MF</b>	<b>Modern Fit</b> Our Modern Fit sits on the natural waist, is straight through the hip and thigh, with a straight leg opening.
	<b>CF</b>	<b>Classic Fit</b> Our Classic Fit sits on the natural waist, is relaxed through the hip and thigh, and has a straight leg opening.
	<b>RF</b>	<b>Relaxed Fit</b> Our Relaxed Fit sits on the natural waist, is relaxed through the hip and thigh, with a boot cut leg opening.

1	MEN'S PANTS (ALPHA)											
	Waist (in)	26/28	30/32	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64	66/68
	Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
	Waist (cm)	66/71	76/81	86/91	97/102	107/112	117/122	127/132	137/142	147/152	157/162	167/172
	Inseam (in)	31½	31½	32	32	32	32	32	32	32	32	32

2	MEN'S PANTS (NUMERIC)											
	Waist (in)	24	26	28	30	32	34	36	38	40	42	44
	Size	00	0	2	4	6	8	10	12	14	16	18
	Waist (cm)	61	66	71	76	81	86	91	97	102	107	112
	Inseam (in)	31½	31½	31½	31½	31½	32	32	32	32	32	32

## WOMEN'S SIZING

### Women's Jackets

At Chef Works, we know coats. We also know we have a coat to suit your style. Categorized here in 2 different fits, end the guess work and find the one that's right for you.



JACKET FITS	<b>SF</b>	<b>Slim Fit</b> Our Slim Fit gives you an average additional 2 inches of fabric around the body of the garment. Fits closer to the body and looks more fitted but not snug.
	<b>CF</b>	<b>Classic Fit</b> Our Classic Fit give you an average additional 4.5 inches of fabric around the body of the garment. Gives you a comfortable fit with room to move, but not oversized.

1	WOMEN'S COATS									
	Chest (in)	30/32	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64
	Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
	Chest (cm)	76/81	86/91	97/102	107/112	117/122	127/132	137/142	147/152	157/163

### Women's Shirts

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SHIRT FITS	<b>FF</b>	<b>Form Fit</b> Our Form Fit is what it implies. Form-fitting garments hug closely to the body's silhouette. These garments are snug to the body and have a more fitted, tapered look. Generally they contain elastane which will stretch with the body's normal movement.
	<b>CF</b>	<b>Classic Fit</b> Our Classic Fit gives you an average additional 4.5 inches of fabric around the body of the garment. Fits like a traditional dress shirt.

1	WOMEN'S SHIRTS									
	Chest (in)	30/32	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64
	Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
	Chest (cm)	76/81	86/91	97/102	107/112	117/122	127/132	137/142	147/152	157/163

### Women's Pants

Chef Works takes pants as seriously as it does coats. We believe pants have three primary purposes; comfort, feel, and function. But that doesn't mean you need to sacrifice style. We know we have the right fit in combination with the right features for you. Find your perfect fit with our wide selection of pants.

PANTS FITS	<b>MF</b>	<b>Modern Fit</b> Our Modern Fit sits on the natural waist, is straight through the hip and thigh, with a straight leg opening.
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	<b>RF</b>	<b>Relaxed Fit</b> Our Relaxed Fit sits on the natural waist, is relaxed through the hip and thigh, with a boot cut leg opening.

1	WOMEN'S PANTS (ALPHA)							
	Waist (in)	26/28	30/32	34/36	38/40	42/44	46/48	50/52
	Size	XS	S	M	L	XL	2XL	3XL
	Waist (cm)	66/71	76/81	86/91	97/102	107/112	117/122	127/132
	Inseam (in)	31½	31½	31½	31¼	31¼	31¼	31¼

2	WOMEN'S PANTS (NUMERIC)											
	Waist (in)	24	26	28	30	32	34	36	38	40	42	44
	Size	00	0	2	4	6	8	10	12	14	16	18
	Waist (cm)	61	66	71	76	81	86	91	97	102	107	112
	Inseam (in)	31½	31½	31½	31½	31½	31½	31½	31¼	31¼	31¼	31¼