

Instruction for use – Wrist braces

Catell recommend that the product is fitted and adapted by a licensed or otherwise qualified health professionals. Users with diabetes, sensitive skin, known contact allergies, impaired sensibility or poor circulation must be extra observant and check for pinching, chafing or edema when using the brace. Always check material content below. Contact your prescriber or Catell if questions about the product occur.

Area of use

The brace support the users hand, wrist and forearm after injury, surgery, chronic pain, osteoarthritis or overuse problems. The brace can also be used for preventive purpose in heavy or repetitive movements.

Application

1. If the brace has a straight splint, take it out of the splint pocket and bend it to the appropriate shape and angle of the users hand and needs. Place it back in the splint pocket. Splint dent must be turned in towards the palm. Picture 1
2. Open all hook and loop straps, then close the thumb strap. Place your hand in the brace as illustrated in picture 2 or 4.
3. Close all hook and loop straps and adjust them so that the brace fits comfortably. Picture 3 or 5



Cut off excess hook and loop straps for a cleaner and neater appearance. Adjust the hook and loop straps when necessary. It is important that the brace fits comfortably without pinching, chafing or affect blood circulation.

Material

Strong: nylon, elastane. **Stabil:** cotton, polyester, elastane. **Comfort:** cotton, polyamide, polyester, elastane. **Neopren:** synthetic rubber, polyester, polyamide. **Soft:** polyester, viscose, elastane, nylon. Free from latex.

Washing instructions

Close the hook and loop straps and remove the splint, if the brace has one, from the splint pocket. Follow the washing instructions below. Use a washing pouch. Let the brace drip dry.



Size

Size	*Dimensions	Size	*Dimensions	Size	*Dimensions
XXS	10-12 cm	M	16-18 cm	XL	20-22 cm
XS	12-14 cm	L	18-20 cm	XXL	22-24 cm
S	14-16 cm				

*Measure wrist circumference. Measurements should be seen as guidelines.

Single patient use. If the product contains neoprene, use is recommended for maximum 4 hours at a time.

Recycling: If the product has a removable splint, take it out and sort according to local regulations.

This device conforms to the requirements of the Medical Device Regulation 2017:745, product class 1.