

# CBD 100 Complete

## Top Reported Uses

- + Anxiety/ Depression
- + Chronic Inflammation
- + Insomnia
- + Chronic Pain
- + Behavioural Issues

## Overview.

Bottle Size: 30ml  
 Full-Spectrum Extract  
 Full plant extract = a very strong formulation  
 Cultivar: Afghan Haze



## Anecdotal Reports.

- + Full-plant extract = a very strong formulation.
- + Minimal dose typically required due to the abundance of minor cannabinoids/resulting Entourage Effect (most patients go from 200-250mg/CBD per day to 40-50mg to achieve effects)
- + 1.1% naturally occurring terpenes
- + Can be Sedating at higher doses over 0.15, so many patients will use 0.1-0.15 mL in the morning, followed by 0.3-1.0 mL nighttime.
- + Some practitioners prescribe up to 1mL at nighttime for use as an alternative to high-THC oils, given the ~5mg THC contained in 1mL.
- + Useful for patients with anxiety/inflammatory issues/sleep conditions.

## Suitable for



## Top Terpenes

TERPENE	W/W CONTENT	MG/ML
beta-caryophyllene	0.30%	3
(-)-Guaiol	0.21%	2.1
(-)-alpha-Bisabolol	0.18%	1.8
alpha-humulene	0.12%	1.2
<b>TOTAL</b>	<b>1.02%</b>	<b>10.2</b>

## Batch CFP100FS24076-C Cannabinoid Content

	CANNABINOID	MG/ML
CBD	3000	100
THC	111	3.7
CBC	522	17.4
CBG	75	2.5
<b>TOTAL</b>	<b>3708</b>	<b>123.6</b>

## Sample Titration Schedule

A titration period may be required to reach the optimal dose.

The number and timing of administration will vary between patients.

	DAY 1-3	DAY 4-6	DAY 7-10	DAY 11-14	DAY 15-18
Morning	0.1mL	0.15mL	0.2mL	0.25mL	0.3mL
Evening	0.1mL	0.15mL	0.2mL	0.25mL	0.3mL